

REVIEW

# miR-129 as a novel therapeutic target and biomarker in gastrointestinal cancer

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Department of Pathology, Stony Brook Medicine, Stony Brook University, Stony Brook, NY, USA **Abstract:** In the last decade, cancer research efforts in the field of noncoding microRNA (miRNA) have been growing exponentially. miRNA-based therapeutics have been tested in both preclinical and clinical settings, and miRNA-based cancer diagnostics and prognostics have moved into clinics to help better manage cancer treatment. A growing body of evidence in recent literature suggests miRNA-129 plays important roles in gastrointestinal cancer, including gastric, colorectal, hepatocellular carcinoma, and esophageal cancer. In this review, we focus on accumulating evidence demonstrating the key roles that miRNA-129 plays in tumorigenesis, disease progression, chemoresistance, proliferation, and cell cycle control. Understanding the emerging roles and mechanisms of miRNA-129 in cancer will help us realize the therapeutic and diagnostic/prognostic potential.

Keywords: miR-129, cancer, therapeutics, biomarker, 5-FU

#### Introduction

With only 2%–3% of RNA in the cell represented by protein coding messenger RNA, there is great interest and importance in understanding noncoding RNA (eg, ribosomal RNA, transfer RNA, microRNA [miRNA], and long noncoding RNAs), which makes up the vast majority of cellular RNA. The functions of noncoding RNA, and in particular miRNAs, have been studied extensively for their roles in fundamental biology and human diseases, including cancer.

miRNAs are a class of noncoding, 20-22-nucleotide RNAs that have been clearly demonstrated to carry out crucial regulatory functions in the cell. miRNAs are processed from larger pre-miRNAs by the RNase III enzyme Dicer (DICER1) into miRNA duplexes. One strand of this duplex associates with the RNA-induced silencing complex, whereas the other strand is generally degraded by cellular nucleases. The miRNA-RNA-induced silencing complex binds to specific mRNA targets via imperfect base pairing in the 3'-untranslated region, leading to translational repression or degradation of these mRNAs.<sup>2-4</sup> Beyond this function, miRNA has also been shown to target messenger RNA in the coding region, as well as the 5'-untranslated region. 5,6 In addition, miRNA can also regulate transcription through targeting of promoter regions.<sup>7,8</sup> The importance of understanding these molecules has been recognized through the awarding of the Nobel Prize in Physiology or Medicine to Andrew Fire and Craig Mello for their work on RNA interference. Although it was shown in 1993 that lin-4, a small noncoding RNA in Caenorhabditis elegans, could influence development, it was not till 2002 that it was revealed that miRNA can, in fact, play a relevant role in cancer.<sup>2,10,11</sup> This sparked great interest in elucidating the dynamic roles miRNA may

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play in the development and progression of cancer and led to the rapid expansion of this field.

To fully understand gene expression changes in cancer, it is essential to know not only the levels of individual mRNAs but also the extent to which mRNAs are translated into their corresponding proteins and the miRNAs that regulate these processes. Both genetic and epigenetic alterations affect the expression of miRNAs in cancer. Mounting evidence suggests miRNAs can function as either oncogenes or tumor-suppressor genes. As a result, some of them will have potential as therapeutic targets and/or biomarkers. As work has been done investigating the roles of miRNA in cancer, some specific miRNAs have shown great promise. One particular miRNA in which there has been growing interest because of its targeting of important genes associated with apoptosis, cell cycle, and chemoresistance is miR-129, and evidence is beginning to show that this miRNA may play an important role in cancer.

#### Deregulated miR-129 expression

miR-129 was initially reported to be downregulated in undifferentiated gastric cancer tissue when compared with miR-129 expression in the paired normal controls. 12 miR-129 expression was found to be reduced in colorectal cancer, 13,14 gastric cancer, 15 and liver cancer. 16 In esophageal cancer, there have been conflicting reports concerning miR-129 expression, with some work indicating it is reduced in cancer tissue compared with normal tissue<sup>17,18</sup> and others claiming it is increased in tumor tissue. 19 The reduced expression of miR-129 is significantly associated with disease stage of colorectal cancer and progression.14 Such reduction of miR-129 in colorectal cancer was a result of hypermethylation of the miR-129 promoter.13 Similar results were found in gastric cancer, where hypermethylation was associated with miR-129 reduction in gastric cancer cell lines, and reduced expression was associated with poor clinical-pathological features. 15,20 This epigenetic regulation of miR-129 has also been demonstrated by different groups in hepatocellular carcinoma (HCC).<sup>21,22</sup> Thus, there is evidence from multiple different types of cancer that miR-129 is reduced in cancer compared with normal tissue, and this deregulation is likely carried out by hypermethylation. This suggests that miR-129 may play a role as a tumor suppressor.

## Functional significance of miR-129

The functional significance of miR-129 in cancer has been investigated in detail in recent years. The first evidence that one of the key targets affected by miR-129 is SOX4 was reported in endometrial cancer. miR-129 expression was reduced by epigenetic repression, which leads to the upregulation of SOX4 in endometrial cancer.<sup>23</sup> Similar results have been found in esophageal cancer and HCC. 18,22 SOX4 is a potent transcription factor linked to several key pathways for oncogenesis, such as transforming growth factor  $\beta$ , Hedgehog, and Notch signaling. Such mechanisms have also been validated to be true in gastric cancer.<sup>24</sup> It appears that epigenetic silencing of miR-129 in gastric cancer is a key event leading to the upregulation of SOX4 during tumorigenesis. SOX4 is overexpressed in several types of cancer and may play an important role in metastasis and tumor progression.<sup>25</sup> As it is well known that a single miRNA can influence translation of hundreds of mRNA target transcripts, in several types of cancer, including gastric cancer, miR-129 was also found to regulate cell cycle and target CDK6.<sup>20,26</sup>

In addition to SOX4 and CDK6, recent studies have also shown miR-129 to be a key regulator of apoptosis by suppressing the expression of Bcl2 in colon cancer. 14 This targeting of Bcl2 may be of critical significance in colon cancer, as Bcl2 is expressed in colon tumor tissue but not in normal tissue and may play an important role in the development of the disease.<sup>27</sup> miR-129 also affects cell cycle by suppressing the expression of E2F3. More importantly, miR-129 overexpression restores chemosensitivity to 5-fluorouracil (5-FU) treatment in colon cancer by suppressing 5-FU therapeutic target, thymidylate synthase, and Bcl2.14 These results suggest that miR-129 has great potential as a key tumor suppressor in colorectal cancer, liver cancer, and gastric cancer by affecting cell proliferation, cell cycle, tumorigenesis, and chemosensitivity through multiple targets and pathways. The current understanding of miR-129, with its critical targets, pathways, and cellular functions, is illustrated in Figure 1. miR-129 targets that have been identified in gastrointestinal cancers are summarized in Table 1.

## Therapeutic potential of miR-129 in gastrointestinal cancer

As we have discussed earlier, miR-129 affects several key targets and pathways in cancer. Thus, it is reasonable to assume that approaches to restore miR-129 expression will likely be beneficial to cancer treatment. This notion is also based on the fact that miR-129 is epigenetically silenced in gastric and colorectal cancer. It is logical to reason that restoration of miR-129 expression will have tumor-suppressive potential, either alone or in combination with chemotherapy for developing novel therapeutic strategies for treating advanced colorectal cancer, liver cancer, and gastric cancer.

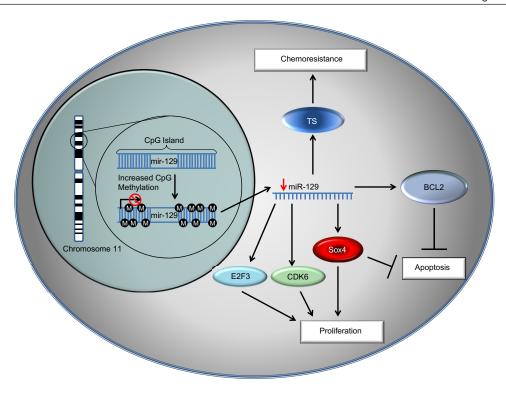


Figure I The mechanistic role of microRNA 129 in gastrointestinal cancer.

Notes: The expression of microRNA 129 (miR-129) is downregulated by promoter hypermethylation. The reduction of miR-129 leads to an increase in expression in several of its key targets: BCL2, thymidylate synthase, SOX4, CDK6, and E2F3. The decrease of miR-129 expression contributes to increased cell proliferation and reduced chemosensitivity to 5-fluorouracil, as well as decreased apoptosis. As a result, miR-129 has a potential as a tumor suppressor.

Our recent studies demonstrated that restoration of miR-129 in vivo can sensitize colon cancer tumor xenografts to 5-FU treatment. <sup>14</sup> Further investigation will be necessary to validate the potential of miR-129 as a therapeutic, as well as considerations concerning effective delivery and modifications to enhance activity.

## Potential of miR-129 as a diagnostic, predictive, and prognostic biomarker

There has been growing interest in the potential of miRNAs as cancer biomarkers. Identification of biomarkers has been a significant challenge, and those that are used, such as carcinoembryonic antigen for colon cancer, often demonstrate low sensitivity. mRNA-based biomarkers are difficult in clinical settings because of issues related to mRNA degradation and the stringent requirement of sample quality. miRNAs represent a unique opportunity for biomarker research, as they have increased stability in formalin fixed paraffin embedded (FFPE) compared with mRNA biomarkers and also are stable extracellularly and may be useful as circulating biomarkers. <sup>28–30</sup> miRNA function is also tissue-specific, potentially increasing the value of miRNAs as tissue-specific

biomarkers. Many miRNAs have shown potential to be used as biomarkers thus far.<sup>31</sup> miR-129 is among these potential miRNA biomarkers, and it has been clearly demonstrated that the loss of miR-129 expression is significantly associated with disease progression in colorectal cancer, gastric cancer, and liver carcinoma. As a result, miR-129 has the potential to be used as a companion diagnostic biomarker, along with clinical histopathological diagnosis. In addition to the clinical relevance of miR-129 in gastric tumor tissues, the expression level of miR-129 is also reported to be a potential noninvasive approach for gastric cancer diagnosis, using gastric juice.<sup>32</sup> The reduced expression of miR-129 has been shown in colorectal cancer via epigenetic silencing by promoter methylation. We further revealed a progressive loss of miR-129 in normal colon, colon adenoma, and stage I–IV

Table I Targets of microRNA-129 in gastrointestinal cancers

Target	Cancer type	Reference
Bcl2	Colon	14
SOX4	Esophageal, hepatocellular carcinoma, gastric	18,22,24
CDK6	Gastric	20
E2F3	Colon	14
Thymidylate synthase	Colon	14

colorectal cancer samples. The expression levels of miR-129 were significantly reduced in stage III and nearly completely missing in stage IV colorectal cancer patient samples. <sup>14</sup> miR-129 expression is closely associated with response to 5-FU-based chemotherapy and patient survival.

#### **Conclusion and perspectives**

miR-129 has drawn much attention from the research community. It targets several mRNAs that play important roles in tumor development and progression, thus giving it great potential as a novel therapeutic molecule for treating cancer. However, we must bear in mind that the function of miR-129 is disease- and context-specific, and a thorough understanding of these different functions would be crucial for further steps aimed at developing a miR-129-based therapeutic. With miR-34 currently in clinical trials, all eyes are on the progress of miRNA-based therapeutics. Although many hurdles (eg, effective delivery of miRNA) may lie ahead, we are optimistic that the future of miRNA-based therapeutics will be bright and that miR-129 may have the potential to be next in line for therapeutic development.

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#### **Disclosure**

The authors report no conflicts of interest in this work.

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